Mesa Ridge JV cross country - Thursday, September 17th .

The meet will start and finish at Bartell Park which is located in front of Janitell Junior High School, 7635 Fountain Mesa Rd. Fountain, CO 80917. Buses can drop off and park in the main parking lot of the school.

**Course** – The course starts/finishes on the grass at Bartell Park. It follows the dirt/cinder trail around Fountain Mesa Park. It is a 2 loop course that is pretty flat and mostly good footing. There are long straightaways and wide turns so we hope it allows athletes to run fast times.

**Spectators** – Other than coaches and team members, no Spectators will be allowed on the course or at the start/finish area.

**Race Times** – Racing will begin at 5pm and **all those racing for Palmer are expected to arrive by 3:45.**

**Masks** – Everyone is required to wear a mask and maintain social distance. Athletes do not need to wear a mask while warming up or racing. Coaches will need to collect masks at starting line and give them to runners after the race in the designated team area.

Mesa Ridge JV cross country - Thursday, September 17th .

The meet will start and finish at Bartell Park which is located in front of Janitell Junior High School, 7635 Fountain Mesa Rd. Fountain, CO 80917. Buses can drop off and park in the main parking lot of the school.

**Course** – The course starts/finishes on the grass at Bartell Park. It follows the dirt/cinder trail around Fountain Mesa Park. It is a 2 loop course that is pretty flat and mostly good footing. There are long straightaways and wide turns so we hope it allows athletes to run fast times.

**Spectators** – Other than coaches and team members, no Spectators will be allowed on the course or at the start/finish area.

**Race Times** – Racing will begin at 5pm and **all those racing for Palmer are expected to arrive by 3:45.**

**Masks** – Everyone is required to wear a mask and maintain social distance. Athletes do not need to wear a mask while warming up or racing. Coaches will need to collect masks at starting line and give them to runners after the race in the designated team area.